



# Sardis Doorway for Mothers' & Children Society

December 2023

Since 1987, **Sardis Doorway** (first as *Sardis Open Door*) has worked to support mothers of young children who find themselves parenting alone.

Over these 37 years, hundreds of families have benefited from the support, encouragement and community offered to them at Sardis Doorway.

In 2005, it became clear that programming was needed for women who have experienced abuse in relationships. Sardis Doorway stepped in to fill the gap by offering **When Love Hurts** groups where women learn, grow and heal in a safe place.

## Sardis Doorway continues to meet the needs in our community



During covid, the Board of Directors worked on strategic planning and leadership development. Through this process, it became clear that pregnant and parenting young moms were underserved in our community and this was a place we could fill another gap for our community.

**Sardis Doorway for Young Moms** began in October 2023 with seven young women gathering weekly. They meet to learn, grow and create a safe place of community for themselves and their children.

Sardis Doorway for Mothers & Children Society continues to offer relevant programming that meets the needs of families in our community. How will you join us in this work?

**Volunteer ~ Donate ~ Pray**

*"Doorway is a safe, welcoming place to come to. The wonderful volunteers help me to feel welcome, safe and supported. We have a wonderful meal, a good program and a great place to make new friends while our children are in a caring environment."*

*~ Current Sardis Doorway participant*

DOORWAY  
IN  
NUMBERS

- 65+ amazing and dedicated volunteers ~ ages 17-80+
- 40 families served at **Sardis Doorway** this year (2023/24)
- 14 **When Love Hurts** groups ran in 2023  
(8-16 women in each When Love Hurts group)
- 7 young moms currently attending **Sardis Doorway for Young Moms**  
with more joining in January 2024

# DANA'S DOORWAY STORY

In September of 2020 I joined my first When Love Hurts group. I picked up my WLH book before the group started. I couldn't believe how much of it was relevant to what I was going through! When I attended my first group meeting. I felt safe and cared for, and they offered childcare! Finally I had a space to open up and feel like I was not alone.

In September 2021, I joined Doorway with my daughters. While they made friends, sang songs, did crafts and had snacks, I learned how to be a better parent and how to love myself because I matter too. So many times I came into Doorway beaten down and exhausted. A weight would be lifted the second I stepped through the doors. I could drop off my children and sit down with a cup of hot coffee and adult conversation. And then, the icing on top of the cake, they fed us.

When my marriage ended in December 2021: Doorway was there. When I was picking up the shattered pieces of my life and had to get back to work: Doorway was there. In 2022 I became a Community Support Worker and obtained my Class 4 license while working for Chilliwack Society for Community Living. In August 2023 I started working full time as an EA for the School District!



I love everything about Sardis Doorway.

Sardis Doorway offered me a hand, as I picked myself up and at times they were the only hand I could see.

Because of Doorway, I am now able to walk steadily on my feet as I walk hand in hand with my two beautiful daughters.

So yes, I'll graduate, but I won't say goodbye.

## The story of our milk

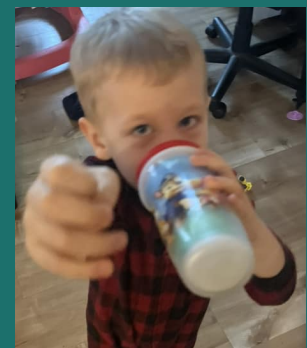
For more than 25 years, Sardis Kiwanis has provided the funds needed to offer milk to each of our families each week.

40 jugs of milk each week x 32 weeks of Doorway ~ that's a lot of milk! Thank You Sardis Kiwanis! With the increase in the price of milk, we have a bit of a shortfall ~ will you help fill the gap?



Ev delivers a cheque from Sardis Kiwanis

Len picks up the milk & puts it into the cooler



Thank You to Sardis Kiwanis Club!

# Will you join us as we serve families in our community?

**Volunteer** ~ weekly or occasionally in the kitchen, with the children or Moms or on the Board of Directors

**Donate** ~ Sardis Doorway relies on the generosity of individuals, churches and businesses as well as grants to sustain the work we are called to do in our community.

**Pray** ~ for our participating families, our amazing volunteers and that the program continues to be sustained with adequate funding & volunteers.



Sardis  
Doorway

**Sardis Doorway** ~ weekly support program for mothers of young children who find themselves parenting alone and under supported.

**When Love Hurts** ~ 10 week facilitated group for women who are survivors of abuse in a relationship.

**Sardis Doorway for Young Moms** ~ New weekly support & educational group for pregnant & parenting moms who have not reached their 21st birthday.

For more information visit [www.sardisdoorwayy.com](http://www.sardisdoorwayy.com)

*Thank you for considering a financial gift to Sardis Doorway for Mothers & Children Society.*

*Post-covid, grants are harder to secure and donations are down as people struggle with the high cost of living.*

*Your gift will allow us to continue to meet the needs in our community.*

*If you would like to visit on a program day, contact us. We would love to show you the impact of your gift.*

*Karin, Program Director*

## 3 EASY WAYS TO DONATE:

Charity # 890460843 RR0001

1

### E transfer

[sardisdoorway@gmail.com](mailto:sardisdoorway@gmail.com)  
(Add your contact info into the message box)

2

### Cheque

Sardis Doorway  
45625 South Sumas Road,  
Chilliwack, BC V2R4M7

3

### Credit card

fill out info on back of this form and mail it back to us

# Mark your calendar ~



*"At Doorway, I found the tools to do better in myself and my parenting. I had room to be myself and I have been able to let my walls down and soar!"*

*The kids program has helped my kids develop and grow in ways that I NEVER imagined they would be able to.*

*Thank you Sardis Doorway!"*

Thank You to all of our supporters



And helping us to feed our families



For more information on Sardis Doorway, When Love Hurts or Sardis Doorway for Young Moms, visit our website or contact us anytime.

[www.sardisdoorway.com](http://www.sardisdoorway.com)

604-819-6556  
[sardisdoorway@gmail.com](mailto:sardisdoorway@gmail.com)



Sardis  
Doorway

Sardis Doorway  
45625 South Sumas Road,  
Chilliwack, BC V2R4M7



## CREDIT CARD INFORMATION

CARD TYPE : MC \_\_\_\_ Visa \_\_\_\_ AMEX \_\_\_\_ Other \_\_\_\_

Cardholder name (as shown on card: \_\_\_\_\_ Card Number: \_\_\_\_\_

expiry date (mm/yy) \_\_\_\_\_ CVV \_\_\_\_\_ Cardholder mailing address: \_\_\_\_\_

I \_\_\_\_\_ (first/last name) authorize Sardis Doorway to charge my credit card for:

A **one time** donation amount of \$ \_\_\_\_\_ or a recurring **monthly donation** of \$ \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_